Dear Friends and Colleagues,

The Malaysian Psychiatric Association has been organising its annual conference for the past 18 years. We have seen various collaboration, with the ASEAN Federation of Mental Health, CINP and now we are working together with the 1ST Asian Federation of Psychiatric Associations (AFPA) Regional Meeting which will be held at the Sheraton Imperial Hotel, Kuala Lumpur from 22nd-24th May 2014. We hope this congress will provide more opportunities to strive towards greater local, regional and international collaborations for enhancing mental health services, education and research.

The theme of the congress “Transforming Mental Health: Managing Transition” was chosen to emphasize the future direction of mental health services. Over recent years, there has been tremendous therapeutic advancement and service transformation in the mental health care. This transformation will demand shared learning among countries, and the deployment of innovations suitably adapted for local needs. Thus, moving forward we must devote all resources to bring about awareness and detailed attention in order to create a harmonious transition at the level of the individual, community and nation for a more effective and comprehensive mental health care.

I have great pleasure to welcome you all to the vibrant and exciting city of Kuala Lumpur. The organising committee have been working hard to come up with an exciting scientific programme with the help of our Asian colleagues. Furthermore, the excitement of Visit Malaysia Year 2014 is a great opportunity for all of you to explore some of the sights and sounds of Kuala Lumpur, which has a mixture of various cultures and showcases the diversity of Malaysia. Do come and join us for an enriching learning experience and please enjoy your stay.

SELAMAT DATANG & A Warm WELCOME to Kuala Lumpur!

Thanking you…

Yours sincerely,

Dr. Abdul Kadir bin Abu Bakar
President, Malaysian Psychiatric Association & Organising Chairman

Dear Asian colleagues,

Asia comprises 60% of the world’s population. Many people are suffering from mental disorders. Forming a unified platform to promote scientific communication among all concerned in the Asian region is necessary. The Asian Federation of Psychiatric Associations (AFPA) was thus established for this network.

Previously, AFPA held its biennial congress called the World Congress of Asian Psychiatry (WCAP). At the WCAP 2013 in Bangkok, the AFPA decided to hold its regional meeting (RM) in the years between the WCAP. So, the 2014 Regional Meeting of AFPA will be the first RM and will be held in Kuala Lumpur (KL) which is one of the major cross roads of Asia.

Many prominent speakers from the Asia Pacific region have been invited to contribute at this particular regional meeting. The theme of the meeting is “Transforming Mental Health: Managing Transition” and will be very up-to-date on the current situation. The first AFPA-RM will be an excellent opportunity for Asian psychiatrists and mental health workers to share their experiences on managing mental health in this transition period.

Lastly, I would like to express my sincere thanks to our local host, the Malaysian Psychiatric Association (MPA), especially to Dr. Abdul Kadir Abu Bakar who is the current MPA President and also the Secretary General of AFPA. With his past experiences in the MPA in organizing many international congresses and regional meetings, I am sure that the first AFPA-RM in conjunction with the 18th Malaysian Conference on Psychological Medicine (MCPM) will be a big event and a fruitful meeting.

The year 2014 is also the Visit Malaysia Year which is the nation’s biggest and grandest tourism celebration. The co-occurring event will be a memorable experience for the participants of AFPA-RM. I look forward to meeting you at this regional meeting in KL on 22-24 May 2014.

Yours sincerely,

Prof. Pichet Udomratn, M.D
President, AFPA (2013-2015)
Pre-conference Workshops
- Workshop 1: Psychosocial Rehabilitation in Asia
- Workshop 2: Physical therapy in Psychiatry (TBC)
- Workshop 3: AFPA - Writing Scientific Paper
- Workshop 4: Update on Psychopharmacotherapy

Plenary
1. Restoration of Emotions to improvement of functioning: Clinical Implications
2. Biological aspect of Schizophrenia
3. Old Age Psychiatry

Symposia
1. Transforming teaching psychiatry in Asia Pacific
2. Psycho-oncology – a new approach in cancer care
3. ECP Award MPA Best Practice 2014
4. Prescribing Antidepressants in Asia: Results from the real world settings
5. Transformation of elderly mental healthcare in Asia
6. Child and adolescent
   - Updates on ADHD
   - Adolescent Internet and the Role of Mental Health’s Professionals
7. Disaster Mental Health
8. Sleep-Related Problems
9. Turkey Association of Psychopharmacology (TAP)
   - From Neurobiology to Clinical Practice: Understanding Schizophrenia

Registration Fee
- Before 1st March 2014: RM750
- After 1st March 2014: RM800
- RM500
- RM350
- USD350
- RM400 (Doctors) | RM250 (Allied Health)
- RM350
18th Malaysian Conference on Psychological Medicine

Organizing Chairman
Dr. Abdul Kadir Abu Bakar

Treasurer
Assoc. Prof. Dr. Marhani Midin

Committee member
Dr. Abdul Kadir Abu Bakar
Prof. Dr. Mohd. Fadzillah Abdul Razak
Dr. Suraya Yusoff
Assoc. Prof. Dr. Marhani Midin
Assoc. Prof. Dr. Nik Ruzyanei Nik Jaafar
Dr. Hazli Zakaria
Dr. Chee Kok Yoon
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Dr. Rajinder Singh
Dr. Johari Khamis

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Dr. Suriati Mohamed Saini

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Mr. Rajinder Singh

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Assoc. Prof. Dr. Nik Ruzyanei Nik Jaafar

Publicity & Protocol
Dr. Suraya Yusoff
Dr. Chee Kok Yoon

Technical/Audio-visual Aid
Dr. Abdul Kadir Abu Bakar
Dr. Rusdi Abdul Rashid
Mdm. Sabedah Osman

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Prof. Dr. Mohd Fadzillah Abdul Razak
Assoc. Prof. Dr. Marhani Midin
Assoc. Prof. Dr. Aili Hanim Hashim
Dr. Suraya Yusoff
Dr. Hazli Zakaria
Dr. Rusdi Abdul Rashid
Dr. Chee Kok Yoon
Dr. Rahima Dahlan @ Mohd Shafie
Dr. Suriati Mohamed Saini
Dr. Siti Hazrah Selamat Din

1st Asian Federation of Psychiatric Associations Regional Meeting

Scientific Committee
Prof. Naotaka Shinfuku (Japan)
Prof. Pichet Udomratn (Thailand)
Prof. Shigenobu Kanba (Japan)
Prof. Ahmad Jalili (Iran)
Prof. Winston Shen (Taiwan)
Dr. Afzal Javed (Pakistan)
Dr. Yongyud Wongpiromsarn (Thailand)
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Prof. Roy Abraham Kallivayalil (India)
Prof. Xin Yu (China)
Dr. Yongyud Wongpiromsarn (Thailand)

Invitation for Free Paper (Oral and Poster) Presentation

Please email abstract to Dr. Suriati Mohd Saini
Email Address: ati_saini74@yahoo.com.my
Deadline: 30th April 2014

Note:
• Abstract should be submitted in English following international scientific writing IMRAD method with Times New Roman 12 fonts, 1.5 spaced and 300 words maximum.
• Please indicate whether abstract submission is for oral or poster presentation.

For further information, please visit our website at www.psychiatry-malaysia.org
or kindly contact:
Email Address: 2014MCPM@gmail.com