

TRANSFORMING MENTAL HEALTH: MANAGING TRANSITIONS



18TH MALAYSIAN CONFERENCE ON PSYCHOLOGICAL MEDICINE

1ST ASIAN FEDERATION OF PSYCHIATRIC ASSOCIATIONS REGIONAL MEETING

22ND - 24TH MAY 2014 | KUALA LUMPUR, MALAYSIA

SHERATON IMPERIAL KUALA LUMPUR

ORGANISED BY



SECRETARIAT



WELCOME ADDRESS

Dear Friends and Colleagues,

The Malaysian Psychiatric Association has been organising its annual conference for the past 18 years. We have seen various collaboration, with the ASEAN Federation of Mental Health, CINP and now we are working together with the 1ST Asian Federation of Psychiatric Associations (AFPA) Regional Meeting which will be held at the Sheraton Imperial Hotel, Kuala Lumpur from 22nd-24th May 2014. We hope this congress will provide more opportunities to strive towards greater local, regional and international collaborations for enhancing mental health services, education and research.



The theme of the congress “Transforming Mental Health: Managing Transition” was chosen to emphasize the future direction of mental health services. Over recent years, there has been tremendous therapeutic advancement and service transformation in the mental health care. This transformation will demand shared learning among countries, and the deployment of innovations suitably adapted for local needs. Thus, moving forward we must devote all resources to bring about awareness and detailed attention in order to create a harmonious transition at the level of the individual, community and nation for a more effective and comprehensive mental health care.

I have great pleasure to welcome you all to the vibrant and exciting city of Kuala Lumpur. The organising committee have been working hard to come up with an exciting scientific programme with the help of our Asian colleagues. Furthermore, the excitement of Visit Malaysia Year 2014 is a great opportunity for all of you to explore some of the sights and sounds of Kuala Lumpur, which has a mixture of various cultures and showcases the diversity of Malaysia. Do come and join us for an enriching learning experience and please enjoy your stay.

SELAMAT DATANG & A Warm WELCOME to Kuala Lumpur!

Thanking you...

Yours sincerely,

Dr Abdul Kadir bin Abu Bakar

President, Malaysian Psychiatric Association & Organising Chairman

Dear Asian colleagues,

Asia comprises 60% of the world’s population. Many people are suffering from mental disorders. Forming a unified platform to promote scientific communication among all concerned in the Asian region is necessary. The Asian Federation of Psychiatric Associations (AFPA) was thus established for this network.



Previously, AFPA held its biennial congress called the World Congress of Asian Psychiatry (WCAP). At the WCAP 2013 in Bangkok, the AFPA decided to hold its regional meeting (RM) in the years between the WCAP. So, the 2014 Regional Meeting of AFPA will be the first RM and will be held in Kuala Lumpur (KL) which is one of the major cross roads of Asia.

Many prominent speakers from the Asia Pacific region have been invited to contribute at this particular regional meeting. The theme of the meeting is “Transforming Mental Health: Managing Transition” and will be very up-to-date on the current situation. The first AFPA-RM will be an excellent opportunity for Asian psychiatrists and mental health workers to share their experiences on managing mental health in this transition period.

Lastly, I would like to express my sincere thanks to our local host, the Malaysian Psychiatric Association (MPA), especially to Dr. Abdul Kadir bin Abu Bakar who is the current MPA President and also the Secretary General of AFPA. With his past experiences in the MPA in organizing many international congresses and regional meetings, I am sure that the first AFPA-RM in conjunction with the 18th Malaysian Conference on Psychological Medicine (MCPM) will be a big event and a fruitful meeting.

The year 2014 is also the Visit Malaysia Year which is the nation’s biggest and grandest tourism celebration. The co-occurring event will be a memorable experience for the participants of AFPA-RM. I look forward to meeting you at this regional meeting in KL on 22-24 May 2014.

Yours sincerely,

Prof Pichet Udomratn, M.D

President, AFPA (2013-2015)

PRE CONFERENCE WORKSHOP

22ND MAY 2014 (THURSDAY)

Workshop 1 - WAPR

Psychosocial Rehabilitation in Asia

8.00am Introduction
Developing Psychosocial Rehabilitation (PSR) Services in Asian Region
- Dr Afzal Javed (UK) &
Prof Pichet Udomratn (Thailand)

8.30am
Needs and Opportunities for PSR in Asian Region
- Prof Mohan Isaac (Australia)

Developing Models of PSR Service Provision - Prof T Murali (India)

10.00am Tea Break

10.30am
Service Delivery - What Works and Does Not Work - The Malaysian Perspective
- Dr Abdul Kadir Abu Bakar (Malaysia)

PSR for Urban and Rural Models
- Dr Yongyud Wongpiromsarn (Thailand)

12.00pm Lunch

1.30pm
Developing Teaching & Training Modules in PSR
- Prof M. Thirunavukarasu (India)

Psychosocial Rehabilitation for Special Groups
- Dr Maria Tomasic (Australia)

Involvement of Patients, Carers and Families in PSR Programmes
- Prof Nalaka Mendis (Sri Lanka)

4.00pm
Discussions / Recommendations
- Prof Lourdes Ladrido-Ignacio (Philippines)

• Workshop 2

Physical Therapy in Psychiatry

8.00am Registration

8.30am
An overview of Transcranial Magnetic Stimulation (TMS) - Prof Mohd Fadzillah Abd Razak (Malaysia)

9.15am
TMS in Depression - Prof Mohd Fadzillah Abd Razak (Malaysia)

10.00am
Demonstration of TMS
- Prof Mohd Fadzillah Abd Razak & Mr Berinoe Rojey (Malaysia)

10.15am Tea Break

10.30am
ECT Dosing and The Machine
- Dr Chee Kok-Yoon (Malaysia)

11.15am
ECT and Concomitant Medications
- Dr Shane Varman (Malaysia)

12.00pm
Maintenance and Continuation ECT
- Prof Chittaranjan Andrade (India)

12.45pm End of course

• Workshop 4

Practical Psychopharmacology

1.30pm Registration

2.00pm
Psychotropic Drug Interactions in Patients with Ischemic Heart Disease
- Prof Chittaranjan Andrade (India)

3.30pm Tea Break

3.45pm
Psychotropic Drug Interactions in Patients with Schizophrenia
- Prof Chittaranjan Andrade (India)

5.15pm Discussion / Closing

Workshop 3 – AFPA

Writing Scientific Paper

8.00am Registration

8.30am Introduction
- Prof Hatta Sidi (Malaysia)
(Chairperson)

8.45am
Writing a Clinical Paper & Journal Selection
- Prof Shigenobu Kanba (Japan)

9.00am
How to Write - Part 1
(Title, Abstract, Introduction)
- Prof Shigenobu Kanba (Japan)

9.40am
How to write - Part 2 (Writing Methodology, Presenting Result)
- Prof Winston W. Shen (Taiwan)

10.20am Tea Break

10.45am
How to Write - Part 3
(Writing Discussion)
- Prof Winston W. Shen (Taiwan)

11.25pm
Preparing and Submitting your Manuscript
- Prof Hatta Sidi (Malaysia)

11.45am
Dealing with Editors and Reviewer's Comment
- Prof Winston W. Shen (Taiwan)

12.00pm
Problems and Challenges in Publishing
- Prof Hatta Sidi (Malaysia)

12.15pm Q & A

12.45pm End of Session

4.30pm Launching of WAPR – MPA Chapter

5.00pm AFPA EC, Council & Board Members Meeting

6.30pm Cocktail Reception - AFPA with MPA Committee and Presidents of National Societies

CONFERENCE DAY 1

23RD MAY 2014 (FRIDAY)

7.30am	Registration			
8.30am	Welcome Address - Dr Abdul Kadir Abu Bakar (President of MPA) & Prof Pichet Udomratn (President of AFPA) AFPA Lifetime Achievement Award Presentation - Prof Naotaka Shinfuku (Japan) & Prof Lourdes Ladrigo- Ignacio (Philippines)			
8.50am	Keynote Address 1 - Transforming Mental Health in Asia - Prof Naotaka Shinfuku (Japan) <i>Chairperson: Prof Pichet Udomratn (Thailand)</i>			
9.10am	Keynote Address 2 - Disaster Mental Health in Asia - Prof Lourdes Ladrigo-Ignacio (Philippines) <i>Chairperson: Dr Abdul Kadir Abu Bakar (Malaysia)</i>			
9.30am	Plenary 1: Patient and Treatment for Major Depressive Disorders: Connecting the Dots - Dr Ting Joe Hang (Malaysia) <i>Chairperson: Dr Yen Teck Hoe</i>			
10.15am	Tea Break			
10.45am	Plenary 2: Restoration of Emotions to Improvement of Functioning: Clinical Implications - Prof Thomas C. Baghai (Germany) <i>Chairperson: Dr Salina Mohamed</i>			
11.30am	Plenary 3: Treatment Options in Bipolar Disorder- A Question of Balance - A/Prof Ng Chong Guan (Malaysia) <i>Chairperson: Dr Rahima Dahlan</i>	Plenary 4: TMS Therapy for the Treatment of Major Depressive Disorder - Dr Rasaiah M. Winslow (Singapore) <i>Chairperson: Dr Chee Kok Yoon</i>		
12.15pm	Lunch Symposium: Social Functioning as a Variable Outcome for Schizophrenia - Dr Afzal Javed (UK) <i>Chairperson: Dr Cheah Yee Chuang (Malaysia)</i>			
12.45pm	Lunch			
2.30pm	Symposium 1: AFPA Transforming Teaching Psychiatry in Asia Pacific <i>Chairperson: Prof Ahmad Jalili (Iran)</i> Recruitment into Psychiatry Training in Australia and New Zealand <i>Co-chairperson and Speaker: Prof Murray Patton (New Zealand)</i> Should Leadership Development Form An Integral Component of Psychiatrists' Training In Asia-pacific? <i>- Prof Mohan Isaac (Australia)</i> Psychiatry Training in Asia and Pacific- Overcoming The Challenges Confronting Reforms - Prof Nalaka Mendis (Sri Lanka) Learning About Learning – Cutting Edge in Education and Training in Psychiatry - Dr Raja Natarajan (UK)	Symposium 2: Psychogeriatric - Transforming Elderly Mental Health Services in Asia <i>Chairperson: Dr Suraya Yusoff (Malaysia)</i> Reducing The Use of Anti-psychotics in Dementia: Are We There Yet? <i>- Dr Suraya Yusoff (Malaysia)</i> From Tynemouth To Jb: A Model of Community Mental Health Team for Older People - Dr Kartini Mohd Nor (Malaysia) Innovate Dementia Diagnosis : Convergence of Technology and Medicine <i>- Prof Suh Guk Hee (Korea)</i> Evolution of Dementia - The New DSM-5 Neurocognitive Disorder <i>- Prof Masatoshi Takeda (Japan)</i>	Symposium 3: MPA Best Practice Award 2014 <i>Chairperson: Dr Johari Khamis (Malaysia)</i> <i>Presentation by the Malaysian Early Career Psychiatrists (Finalists)</i> Asia-Pacific Mental Health Forum – RANZCP (first session) until 4.00pm	
4.00pm	Symposium 4: Together In Transforming The Care for Mentally Ill: The Role of Allied Health Professionals - <i>Chairperson: Dr Siti Hazrah Selamat Din (Malaysia)</i> Creating Work – The Social Enterprise Way - <i>Encik Zullydee Saiman (Malaysia)</i> Supported Employment- A Model of Good Care - <i>Dr Siti Salwa Ramly (Malaysia)</i> Managing Aggressive Patients Using Minimally Invasive Options – No Physical Restraint - <i>Matron Nor Dalia Ahmad (Malaysia)</i>	Free Paper 1 Judges: A/Prof Ramli Musa A/Prof Normala Ibrahim Dr Tuti Iryani Mohd Daud (Malaysia)	Free Paper 2 Judges: A/Prof Ng Chong Guan A/Prof Azlin Baharudin Dr Chee Kok Yoon (Malaysia)	
6.00pm - 7.30pm	BGM MPA			

CONFERENCE DAY 2

24TH MAY 2014 (SATURDAY)

8.00am	Plenary 5: Transforming Elderly Mental Health Services in China- A Model for Asia - Prof Helen Chiu (Hong Kong) <i>Chairperson: Dr Suraya Yusoff</i>		
8.45am	Plenary 6: Moving Towards Early Detection and Diagnosis of Dementia - Dr José L Molinuevo (Spain) <i>Chairperson: Dr Suraya Yusoff</i>		
9.30am	Plenary 7: Advances in Mood Disorder: When 2 is Better Than 1 - Dr Ang Jin Kiat (Malaysia) <i>Chairperson: Dr Siti Hazrah Selamat Din</i>	Asia-Pacific Mental Health Forum- RANZCP (second session) <i>until 12.45pm</i>	
10.15am	Tea Break		
10.45pm	Symposium 5 : AFPA Prescribing Antidepressants in Asia : Results from The Real World Settings <i>Chairperson: Prof Naotaka Shinfuku (Japan)</i> Overview and History of REAP- Antidepressants Collaboration - Prof Naotaka Shinfuku (Japan) Reap-antidepressants: Age and Country Variations In Depressive Symptom Profile in Asia - Dr Chee Kok Yoon (Malaysia) (Co-Chairperson) Trend of Antidepressant Prescription in Japan - Dr Yuma Ogushi (Japan) Prescription Pattern of Antidepressants in India: A Multi-centric Study - Prof Roy Abraham Kallivayalil (India)	Symposium 6: Psycho-oncology – A New Approach in Cancer Care <i>Chairperson: Prof Nor Zuraida Zainal (Malaysia)</i> Psychosocial Issues in Breast Cancer Survivors - Prof Nor Zuraida Zainal (Malaysia) Depression in Cancer Patients - A/Prof Ng Chong Guan (Malaysia) Mindfulness-based Supportive Therapy (MBST) – A Palliative Psychotherapy to Address Suffering in Palliative Care - Dr Tan Seng Beng (Malaysia)	Symposium 7: Child and Adolescent - Internet Addiction and Young People <i>Chairperson: A/Prof Aili Hanim (Malaysia)</i> Internet Addiction, Why Should We Be Worried? - Dr Manveen Kaur (Malaysia) Internet Addiction among Secondary School in Malaysia - Dr Norharlina Bahar (Malaysia) Internet Addiction and The Role of Mental Health Professionals - A/Prof Wan Salwina Wan Ismail (Malaysia)
12.00pm	Plenary 8: Gateway to Improving Patients' Outcome - Latest Innovation in Opioid Dependence Treatment - Dr Philip George (Malaysia) <i>Chairperson: Dr Rusdi Abd Rashid</i>		
12.45pm	Lunch Symposium: The role of Noradrenaline and Dopamine in The Treatment of Major Depressive Disorder - Prof Lourdes Ladrado-Ignacio (Philippines) <i>Chairperson: Dr Rajinder Singh (Malaysia)</i>		
2.00pm	Symposium 8 : AFPA Disaster Mental Health <i>Chairperson: Prof Mohamed Hatta Shaharom (Malaysia)</i> Cultural and Other Sensitivities In Disaster Relief - Prof Mohamed Hatta Shaharom (Malaysia) Developing Post-Disaster Mental Health Service System in Indonesia: Where are We Now and How to Scale it Up - Dr Albert Maramis (Indonesia) Psychosocial Intervention after Supertyphoon Yolanda: The Iloilo Experience - Dr Japhet Fernandez De Leon (Philippines)	Symposium 9: Sleep-Related Problems - Healthy Sleep, Healthy Living <i>Chairperson: Dr Rusdi Abd Rashid (Malaysia)</i> Electroacupuncture as Adjunctive Therapy in Managing Sleep Problems and Opiate Withdrawal Among Methadone Patients During Induction Phase - Dr Rusdi Abd Rashid (Malaysia) Management of Primary and Secondary Insomnia - Prof Syed Hassan Syed Ahmad Al Mashoor (Malaysia) Sleep and Heart Diseases - A/Prof Imran Zainal Abidin (Malaysia) Use of Biolitrin (Chinese herbs) for Managing Sleeps Problems - Prof Rusli Ismail (Malaysia)	Symposium 10: Turkey Association of Psychopharmacology (TAP) – From Neurobiology to Clinical Practice: Understanding Schizophrenia <i>Chairperson: Dr H. Murat Emul (Turkey)</i> New Neurobiological Aspects in Schizophrenia - Dr Feyza Aricioglu (Turkey) SGAs vs FGAs: What Does Current Evidence Suggest? - Dr. Yasin Bez (Turkey) How to Approach Resistant Cases in Schizophrenia? - Dr Recep Tutuncu (Turkey) The Relation Between Facial Emotion Recognition Ability and Psychiatric Disorders or Treatment - Dr H. Murat Emul (Turkey)
3.30pm	Free Paper 3 Judges: Prof Maniam Thambu, A/Prof Normala Ibrahim, Dr Tuti Iryani Mohd Daud (Malaysia)	Free Paper 4 Judges: A/Prof Ng Chong Guan, A/Prof Azlin Baharudin, Dr Chee Kok Yoon (Malaysia)	
4.30pm - 5.30pm	Free Papers And Poster Presentation Winner Announcement & Closing Ceremony		

CONGRESS LOCATION



SHERATON IMPERIAL KUALA LUMPUR HOTEL (CONFERENCE HOTEL)

Room Type	Room Rates (Single)	Room Rates (Double)
Deluxe Room (ROH)	MYR 390.00++ per room per night (with daily buffet breakfast)	MYR 430.00++ per room per (with daily buffet breakfast)
Executive Club Room	MYR 590.00++ per room per night (with daily buffet breakfast & Club Benefit)	MYR 650.00++ per room per night (with daily buffet breakfast & Club Benefit)

*Note: Please kindly fill up the Hotel Reservation Form and fax to + 60 3 2717 9955 (secure fax) or email to SIKL.Res@starwoodhotels.com
 Any inquiry please contact Sheraton Imperial KL at + 60 3 2717 9889*



18th Malaysian Conference on Psychological Medicine & 1st Asian Federation of Psychiatric Associations Regional Meeting

"Transforming Mental Health: Managing Transitions"

22nd - 24th May 2014 Sheraton Imperial Hotel, Kuala Lumpur

HOTEL RESERVATION FORM

Please fax or email this booking form to the fax number and email address stated below to secure your room by 5th May 2014. Booking after the cut-off date is subject to room availability at time of booking.

(A) Particulars

Female Male

* First Name		Surname	
* Company		*Designation / Position	
* Business Address			
* City	State	Country	
* Nationality	* Passport No.	Date of Birth	(y) (m) (d)
* Telephone No.	Fax Number / Email add.		

** Please Write in BLOCK LETTERS*

(B) Flight Details

Arrival Date	May 2014	Flight number		ETA	
Departure Date	May 2014	Flight number		ETD	

(C) Room Details

Please indicate by marking (X)

Room Type	Room Rates (Single)	Room Rates (Double)	
Deluxe Room (ROH)	MYR 390.00++ per room per night	MYR 430.00++ per room per night	
Executive Club Room	MYR 590.00++ per room per night	MYR 650.00++ per room per night	
Smoking	Yes ()	No ()	

TERMS & CONDITIONS

- The above room rates are subject to 10% service charge & 6% government tax per room per night.
- Rates are inclusive of Breakfast and Internet Access for Deluxe Room.
- Rates are inclusive of Sheraton Club Benefits for Executive Club Room.
- The rates are applicable 3 days prior and 3 days after the main event date which is 21 – 24 May 2014.
- An early arrival or extension of stay will be charged at promotion or corporate rate (whichever is lower).
- Should there be no-show on the day of arrival or early departure after check-in, a charge equivalent to entire stay will be charged.

(D) Airport Transfer (Hotel Limousine)

Arrival transfer @ MYR 190 nett per car per way Yes () No ()
 Departure transfer @ MYR 190 nett per car per way Yes () No ()

Note: 50% Midnight surcharge apply to transfer between 12am to 6am

Credit Card No.	Expiry Date
Cardholder's name	Signature

TERMS AND CONDITIONS

No bookings will be accepted without credit card details. In the event of no-show or cancellation within 14 days prior to arrival for a guaranteed booking, full length of stay will be charged. Check-in time is after 1500 hours and check out is before 1200 hours. Half-day room charge will apply for late check out till 1800 hours. Rooms occupied beyond 1800 hours will be charged a full-day rate.

Reservation Center Sheraton Imperial Kuala Lumpur

Facsimile No : + 60 3 2717 9955 (secure fax)

Tel : + 60 3 2717 9889

E-mail : SIKL.Res@starwoodhotels.com

FOR HOTEL USE ONLY

Reservation Status	Confirmed	Yes / No	Confirmation number _____
	Waitlisted	Yes / No	Remarks _____
Handled by _____			Date and Hotel stamp _____

ORGANIZING COMMITTEE

18TH MALAYSIAN CONFERENCE ON PSYCHOLOGICAL MEDICINE

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Dr Abdul Kadir Abu Bakar

Treasurer

Prof Marhani Midin

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Dr Abdul Kadir Abu Bakar
Prof Mohd Fadzillah Abdul Razak
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Prof Marhani Midin
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1ST ASIAN FEDERATION OF PSYCHIATRIC ASSOCIATIONS REGIONAL MEETING

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INVITATION FOR FREE PAPER (ORAL AND POSTER) PRESENTATION

PLEASE EMAIL ABSTRACT TO A/PROF SURIATI

EMAIL ADDRESS:

suriati@medic.ukm.my / drsuriati@gmail.com / suriati.saini@yahoo.com.my

DEADLINE: 30TH APRIL 2014

Note:

- Abstract should be submitted in English following international scientific writing IMRAD method with Times New Roman 12 fonts, 1.5 spaced and 300 words maximum.
- Please indicate whether abstract submission is for oral or poster presentation.

FOR FURTHER INFORMATION, PLEASE VISIT OUR WEBSITE AT

WWW.PSYCHIATRY-MALAYSIA.ORG

OR KINDLY CONTACT:

EMAIL ADDRESS: 2014MCPM@GMAIL.COM